



Wisconsin *FAX TO QUIT* Program

Frequently Asked Questions

What is the *Fax to Quit* Program?

The *Fax to Quit* Program is YOUR direct link to the Wisconsin Tobacco Quit Line. The Quit Line provides free, tobacco treatment counseling. With the *Fax to Quit* Program, you no longer have to take the first step in calling the Quit Line - a Quit Line counselor will call you.

How does the *Fax to Quit* Program work?

It's a simple three-step process:

1. You complete and sign the consent form that your healthcare provider gives you.
2. Your healthcare provider faxes the form to the Wisconsin Tobacco Quit Line.
3. Once the Quit Line receives the consent form, a trained counselor will call you within 72 hours to talk you through the quitting process and help you develop a personalized quit plan.

What can the Quit Line do for me?

Studies have shown that medication plus counseling makes your chance of quitting tobacco successfully three to four times better. The Quit Line counselors will work with you on your specific smoking patterns, and can help you find ways to cope with quitting tobacco. In addition to counseling, the Quit Line provides free materials on quitting, as well as information on local resources.

How often will the Quit Line call me?

That's up to you. The Quit Line will make up to three attempts to reach you. After your first call, you will determine how many times you wish to be called – one, two, or four times.

Is the *Fax to Quit* Program confidential?

Yes! Only if you agree, will the Quit Line provide information to your doctors. The consent does not allow health care workers to release this information to anyone else.

Does the *Fax to Quit* Program cost anything?

No. The Wisconsin Tobacco Quit Line and the *Fax to Quit* Program are free to all Wisconsin residents.